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David J. Cain, PhD,
ABPP, is the editor of
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Psychotherapies:

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Handbook of Research
and Practice (2002)
and of Classics in the
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Approach (2002). He
received his doctorate
in clinical and
community psychology
from the University of
Wyoming. At present,
he teaches at the
California School of
Professional
Psychology at Alliant
International
University, San Diego,
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Person-Centered Psychotherapies (Theories of Psychotherapy ...

Citation. Cain, D. J.
(2010). Theories of
psychotherapy
series. Person-centered
psychotherapies.
American Psychological
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psychotherapy was the
first truly American
theory of
psychotherapy, and as

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such created a
monumental change in
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Person-centered
therapy, also known as
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had a tremendous
impact on the field of
psychotherapy and
many other disciplines.

Rogerian Theory in
Psychotherapy Six

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centered therapy, also called client-centered therapy, was created by Carl Rogers almost 70 years ago.

Person-Centered Psychotherapies

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70 years ago.

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Person-centered
therapy, also known as
Rogerian therapy,
originated in the work

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of the American
psychologist, Carl
Rogers, who believed
that everyone is
different and,
therefore, everyone's
view ...

Person-Centered Therapy |

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experiential therapies,
including philosophy,
theory, practice,
training and research.

Person-Centered & Experiential Psychotherapies: Vol 19, No 4

Self-Concept.

Effectiveness. Client-
centered therapy, also
known as person-
centered therapy, is a
non-directive form of
talk therapy that was
developed by humanist

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psychologist Carl
Rogers during the
1940s and 1950s.

Learn more about how
this process was
developed as well as
how client-centered
therapy is utilized.

Effectiveness of Client-Centered Therapy

Person-centered
therapy's success is
based on the grasp of
the conception of the
human being, the

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paradigm of the
'person' and the idea
of relation involved, in
addition to the often
cited ...

Person-Centered and Experiential Psychotherapies

Anxiety difficulties are
an increasingly
important focus for per
son-
centered/experiential
(PCE) psychotherapies.
I begin by reviewing
person-centered,

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focusing-oriented, and emotion-focused therapy (EFT) theories of anxiety. Next, I summarize a meta-analysis of 19 outcome studies of PCE therapies for adults with anxiety, most commonly supportive or person-centered therapies (PCT) carried out by cognitive behavior therapy (CBT) researchers.

Person-centered/exp

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Person Centered Psychotherapies Theories Of Psychotherapy PDF

A journey to client and therapist mutuality in Person-Centered Psychotherapy: A case study Emma Tickle and David Murphy¹ Ph.D.
¹School of Education, University of

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Building on the success
of the first edition, this

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substantially revised

and extended new

edition is set to remain

the most in-depth and

wide-ranging book

available on person-

centred psychotherapy

and counselling. The

book is thoroughly

updated to reflect the

latest trends in theory

and practice: • It

extends its coverage of

professional settings

and applications,

including brand new

chapters

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explains what he
means by these three
terms person centered

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therapy was developed by Carl Rogers in the 1940s. This type of therapy diverged from the traditional model of

Person Centered Psychotherapies Theories Of Psychotherapy ...

Practitioners such as Margaret Warner, Gary Prouty and, more recently, Kirshen Rundle have developed person-centred theory to describe phenomena

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and processes in a way that respects the individual. This understanding - for example of fragile process, dissociative process and pre-therapy - can enable practitioners to work with extremes of distress and disturbance.

What is the Person-Centred Approach?

Underlying Theory of Person-Centered

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Therapy. As its name

implies, person-

centered approach
views clients as the
ultimate agents for self-
change. It assumes
that humans are,
essentially, positively
motivated with a
natural internal drive
towards growth, health
and adjustment
(Casemore, 2006).

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